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ROBINSON & ROBINSON
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RESOURCE GUIDE
KANSAS CITY

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Kansas City, MO 64105



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CHILD CARE



KS Child Care Subsidy
1.888.369.4777

MO Child Care Subsidy
885.373.4636

State child care subsidies provide financial assistance with child care for low income families.

Kansas City Public Schools "Head Start"
816.418.5295



Early Head Start is a program providing childcare, education, and resources for teen parents.

DOMESTIC ABUSE

Hotlines are a great resource for when you feel stuck or lost and need someone to listen and help you figure out your next step. Libraries are a great neutral place to use a phone if you don't feel safe using your own.

National Domestic Abuse Hotline: 1.800.799.7233

MO Child Abuse Hotline: 1.800.922.5330

KS Child Abuse Hotline: 1.800.392.3738

MOCSA (Metro Org. to Counter Sexual Assault)
Crisis Line: 816.531.0233

KC Metro Domestic Abuse Hotline: 816.468.5463

SafeHome Domestic Violence
Hotline: 913.262.2868

Elder & Disabled Abuse & Neglect Hotline:
1.800.392.0210

Financial Abuse Education

Financial abuse is a serious form of abuse. The Purple Purse program can help teach you how to escape a financial hostage situation.

Coalition to Stop Violence Against Native Women

Native women face domestic abuse at disproportionate rates. CSVANW is a great organization who can help.



EDUCATION



Adult Education & Literacy 816.418.7150

KC public schools offer adult education and literacy programs to teach adults 17+ basic reading and writing, as well as helping them get their high school diploma or equivalent.

Education & Opportunity Center 816.604.4400

Metro Community College offers help to adults looking to get their high school equivalency, college planning, aid applying for college and getting financial assistance.

Kansas City Public Library 816.701.3400

Public Libraries are one of the best all around resources. Ask a librarian for help getting an education, food programs, clothing, child services, health services and more.

AAUW Money Smart Financial Literacy Workshop

AAUW is committed to helping people, specifically women of color, learn about financial literacy and gain financial security through free online workshops.

EMPLOYMENT

Full Employment Council 816.471.2330

The Full Employment Council helps people get career skills training and jobs in Kansas City.

The Whole Person Services for People with Disabilities

The Whole Person offers employment services oriented at helping people with disabilities get and keep jobs.

AAUW Start Smart Pay Negotiation Workshop

AAUW works to close the gender pay gap between white men and minorities. Take their free negotiation workshop to learn how to fight for a fair pay.

Dress for Success Kansas City

Dress for Success provides free business clothes and interview assistance for people seeking jobs.



FOOD PROGRAMS



Harvesters Food Locator

Harvesters Food Locator is a click away from finding free food. Just enter your zip code and Harvesters will direct you to places to pick up free groceries or meals.

YMCA Food Distribution

YMCA provides a mobile food distribution on a rotating schedule across numerous counties and locations.

Shawnee Community Services

Shawnee Community Services provides free food, clothes, and items to people who need them.

KC Public Library Kids Cafe

KC Public Library has a Kids Cafe program with meals available to kids ages 1-18, contact your local branch for their schedule.

HEALTHCARE

Poison Control Center
Hotline: 1.800.222.1222

If you or a loved one ingested or may have ingested something dangerous, call poison control to get the information you need.

Affordable Care Act

Health Insurance (ObamaCare),
24 Hour Hotline: 1.800.318.2596

If you need healthcare, utilize the Affordable Care Act website or hotline to find out your best options.

UMKC Women's Center
816.235.1638

UMKC Women's Center provides free menstrual products, pads and tampons, as well as safe sex kits with condoms and dental dams and more resources for people looking for a helping hand.

Nurse Hotlines are a great way to get some quick healthcare questions answered to see the severity of your issue and get more information.

Shawnee Mission Ask-a-Nurse Hotline:
913.676.7777

Children's Mercy 24/7 Nurse Advice Line:
816.234.3188

Planned Parenthood
816.756.2277

Planned Parenthood provides amazing healthcare such as abortions, birth control, STD testing, morning after pills, cancer screening, and more.

KC Care Health Center
816.753.5144

KC Care Health Center provides low cost primary care, transgender health care, behavioral health, dental care, HIV services, and pharmacy services at 4 locations



HOUSING



The following hotlines can get you great resources for finding shelter if you're experiencing homelessness

Homeless Services Coalition of Greater KC Hotline: 816.474.4599

reStart Inc. 24 Hour Access Line: 816.472.5664

Hope House KC Shelter
816.416.4188

Hope House KC Shelter provides shelter and aid to people experiencing domestic violence looking for a safe place to stay

Reentry Housing MO

The MO DOC has lists of reentry housing by county for people exiting the prison system and looking for mental health, substance abuse, and general help transitioning.

KC Tenants Union
816.533.5435

KC Tenants is an organization fighting unfair rent systems and landlords who over step tenant rights. Contact them with discrimination or eviction crisis questions.

Reentry Housing Oxford House KS

Oxford House has lists of reentry housing by county for people exiting the prison system and looking for mental health, substance abuse, and general help transitioning.

IMMIGRATION

MCCKC English Second Language MO
816.604.4041

Metropolitan Community College offers face to face and virtual english second language classes

Adult Education English Second Language KS
913.469.7621

Johnson County Community College offers face to face and virtual english second language classes

KS MO Dream Alliance

Dream Alliance provides scholarships and resources for DACA and undocumented youth

Foreign Consulates in KC

If you need to contact a foreign consulate in KC, use the website above to get their information and location



LAWYERS



**Legal Aid of
Western MO**
816.474.6750

Legal Aid of KS
1.800.723.6953

Discrimination
Madeline Johnson
816.607.1836

Real Estate
Mark Wilson
913.339.98.76

Employment
Chris Playter
816.666.8902

Inmates
Henry Service
816.286.4140

Military
Makenzi Higgins
913.764.8844

KS Criminal
Greg Watt
913.433.3849

Immigration
McCrummen
816.221.5444

Probate
Jaime Phillips Weese
913.706.8491

LGBTQIA2S+

LGBT-Affirming Therapist Guild

The LGBT Affirming Therapist Guild is a great source to find queer informed therapists who can help you work through gender identity, coming out, and mental health.

KU Gender Affirming Medicine

KC Gender Affirming Medicine offers medicine for queer individuals looking to alleviate gender dysphoria.

KC Center for Inclusion

KC Center for Inclusion is a safe space for queer community and resources.



MENTAL HEALTH



Hotlines are a great resource for when you feel stuck or lost and need someone to listen and help you figure out your next step. Libraries are a great place neutral place to use a phone if you don't feel safe using your own.

Psychology Today

Psychology Today allows you to search for a therapist or mental health professional by zip code, insurance, cost, and personal issues

National Suicide Prevention Hotline:
1.800.273.8255

Mental Health Association of the Heartland Helpline: 913.231.1234

Mental Health Association of the Heartland Teen Connection Helpline: 913.231.1234

24 Hour Youth Crisis Hotline:
1.888.233.1639

Teen Dating Abuse Hotline: 1.866.331.9474

SUBSTANCE ABUSE

**Hotlines are a great resource
for when you feel stuck or lost and
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Alcoholics Anonymous (AA): 816.471.7229

Narcotics Anonymous (NA): 1.800.561.2250

Gamblers Anonymous (GA): 855.222.5542

Norcon Family Counseling Services Hotline:
816.781.2349

MO Toll Free Gambler Help Line:
1.888.238.7633

National Council on Problem Gambling Hotline:
1.800.522.4700

